

Kindness Challenge Calendar

A gentle calendar of small helpful actions children can complete.

- Print the sheet.
- Read the prompt with children.



1. Try It

2. Find It

3. Draw It

Kindness Challenge Calendar

Activity sheet 2



Sheet 2 of 4

4. Write It

5. Share It

6. Tick It

Kindness Challenge Calendar

Activity sheet 3



Sheet 3 of 4

7. Try It 2

8. Find It 2

9. Draw It 2

Kindness Challenge Calendar

Activity sheet 4



Sheet 4 of 4

10. Write It 2

11. Share It 2

12. Tick It 2

Activity notes

This kindness calendar gives children simple actions to try at home or school, from thanking someone to helping tidy a shared space.